NAS SURREY BRANCH
The local support group for families affected by Autistic Spectrum Disorders

The NAS Surrey Branch is a volunteer-run support group and offers a variety of support groups, meetings and activities for families with children and adults with autistic spectrum disorders (ASDs). Details of all activities are published in the Branch newsletter, produced every 2 months. It’s free to join – just go to www.mugsy.org/membership.

• **Evening Talks:** Once a month during term-time we hold evening meetings with speakers, open to anyone with an interest in ASDs. Meetings take place in Guildford, Redhill and Woking.

• **Coffee mornings:** a chance for parents to meet others with children with ASDs throughout term-time in Woking, Guildford, Walton, Chertsey, Dorking, Chertsey, Farnham & Redhill.

• **Parents of Adults group:** meets once a month in the evenings for informal get-togethers. Email Hilary Dyce hilarydyce@yahoo.co.uk.

• **Parents of Girls Group:** meets in Woking and Guildford, plus social get-togethers with parents and girls. Email Rachel Pearson racheldpearson@gmail.com.

• **Dads’ Group:** a chance for fathers of children or adults with ASDs to meet in a member’s home for a meal and a chat. Meets every 3 or 4 months on a Friday evening. Email Martin Trenaman trenamans@talktalk.net.

• **Online support group:** The Branch runs a moderated email group for members to share experiences and ask questions. Sign up at http://www.mugsy.org/maillist.htm

For details of all our events and meetings, sign up for our newsletter at www.mugsy.org/membership or follow us on Twitter @NASSurreyBranch.

Family activities

• **Ice Skating** (Guildford in May) – we take over the ice rink at Spectrum Leisure Centre in Guildford for use by NAS Surrey Branch members.

• **Indoor Climbing** (Walton in February) – a one-hour taster session for children and young people with ASDs and their siblings aged 7 – 17 at High Sports Climbing.

• **Christmas Party** (Woking in December) – we have exclusive use of the soft play and sensory room at Woking Leisure Centre for younger children with ASDs and their siblings.

• **Bowling** – a new event for 2014 for the whole family. Get in touch for more details.

For details, contact Emma Whitfield email: emma@mugsy.org tel: 07423 435413

The National Autistic Society is a registered charity, number 269425