



The National
Autistic Society

Information sheet

Information sheets and leaflets available from the Autism Helpline

SYMBOLS

- + = Leaflet available from the Autism Helpline (for bulk orders contact NAS Publications)
- * = Available as a free information sheet from the Autism Helpline or to order as a booklet from NAS Publications
- @ = Available on the NAS website or to order as a booklet from NAS Publications

Autism and Asperger syndrome

Adolescents and adults with autism spectrum disorders: resources for parents and professionals
<http://www.autism.org.uk/27562>

ASD jargon

Asperger syndrome: a selective guide to books and other resources
<http://www.autism.org.uk/15346>

Attention Deficit Hyperactivity Disorder and autism
<http://www.autism.org.uk/15354>

Autism: a selective guide to books and other resources
<http://www.autism.org.uk/15345>

Basic guidelines for parents of children with an autism spectrum disorder

High functioning autism and Asperger syndrome: what's the difference?
<http://www.autism.org.uk/18325>

The genetics of autism spectrum disorders: a briefing
<http://www.autism.org.uk/24984>

A GP's guide to adults with Asperger syndrome +
<http://www.autism.org.uk/14109>

Pathological demand avoidance
<http://www.autism.org.uk/15355>

Patients with autism spectrum disorders: guidance for health professionals
<http://www.autism.org.uk/18322>

Recognising autistic spectrum disorder
<http://www.autism.org.uk/14110>

Resources for adults with Asperger syndrome
<http://www.autism.org.uk/27405>

Semantic Pragmatic Disorder
<http://www.autism.org.uk/20591>

Statistics: how many people have autism spectrum disorders?
<http://www.autism.org.uk/007874>

What is Asperger syndrome +
<http://www.autism.org.uk/asperger>

What is autism? + <http://www.autism.org.uk/autism>

Your autism charity

The National Autistic Society Information Centre produces information sheets on a wide variety of topics and can provide customised reference lists in response to individual requests. The lists are extracted from Autism Data, our database which contains over 25,000 books and articles from the autism field. This service is particularly useful for those wanting to research a specific subject thoroughly.

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The National Autistic Society
393 City Road
London EC1V 1NG
T: 020 7833 2299
E: nas@nas.org.uk
www.autism.org.uk
Helpline: 0808 800 4104
Information centre direct line:
+ 44 (0)20 7903 3599

Approaches, interventions and therapies

Applied behavioural analysis (ABA)

Before choosing an approach:
<http://www.autism.org.uk/26567>

Counselling
<http://www.autism.org.uk/15867>

Dolphin therapy

Counsellors and psychotherapists: a guide
<http://www.autism.org.uk/23634>

Medication and autism spectrum disorders

Organising, sequencing and prioritising
<http://www.autism.org.uk/31133>

The sensory world of autism *
<http://www.autism.org.uk/15691>

Serotonin

The Son-Rise Program

SPELL <http://www.autism.org.uk/10924>

TEACCH (parent version)

TEACCH (professionals' version)
<http://www.autism.org.uk/006197>

Behaviour

Anxiety <http://www.autism.org.uk/24202>

Autism spectrum disorders and self-injurious behaviour <http://www.autism.org.uk/17371>

Behaviour guidelines
<http://www.autism.org.uk/19044>

Behaviour: common questions answered (only on website) <http://www.autism.org.uk/behaviourfaq>

Biting <http://www.autism.org.uk/18591>

Challenging behaviours and ASD
<http://www.autism.org.uk/25375>

Change: preparing a person with an autism spectrum disorder for change
<http://www.autism.org.uk/24204>

Dietary management for children and adolescents with autism spectrum disorders – Over eating
<http://www.autism.org.uk/20601>

Dietary management for children and adolescents with autistic spectrum disorders - Restricted diet
<http://www.autism.org.uk/20602>

Obsessions, repetitive behaviours and routines
<http://www.autism.org.uk/18352>

Sleep and autism: helping your child
<http://www.autism.org.uk/10225>

Toilet-training <http://www.autism.org.uk/18375>

Benefits and finance

The abolition of adult Disability Living Allowance
<http://www.autism.org.uk/30699>

Benefit appeals
<http://www.autism.org.uk/29360>

Benefits for adults with autism
<http://www.autism.org.uk/31009>

Benefits for children with autism and their families

Benefits for young people with autism (aged 16-20)

Blue badge (disabled parking) scheme

Blue badge scheme <http://www.autism.org.uk/12229>

Blue badge scheme: example of a parental supporting letter

Borrowing money and managing debt
<http://www.autism.org.uk/23623>

Carer's Allowance <http://www.autism.org.uk/19043>

Disabled Students Allowance supporting letter

Disability Living Allowance for Children: tips for making a claim <http://www.autism.org.uk/18330>

Disability Living Allowance for children under 16
<http://www.autism.org.uk/11808>

DLA – guidance for adults with ASD completing the form <http://www.autism.org.uk/17998>

Disability Living Allowance-high rate mobility for children with an autism spectrum disorder
<http://www.autism.org.uk/23629>

Employment and Support Allowance
<http://www.autism.org.uk/23627>

Employment and Support Allowance and the Work Capability Assessment
<http://www.autism.org.uk/29359>

Employment and Support Allowance and the Work Capability Assessment The pre January 2013 rules

Financial provision by way of settlement or will for people with autism

Home improvements and equipment: funding
<http://www.autism.org.uk/15357>

Income Support <http://www.autism.org.uk/26575>

Managing your money
<http://www.autism.org.uk/23624>

Personal Independence Payment
<http://www.autism.org.uk/30701>

Personal Independence Payment – the points based criteria

Reassessment of incapacity benefits
<http://www.autism.org.uk/26974>

Social security benefits for older people
<http://www.autism.org.uk/30845>

Communication

Basic guidelines for interviewing a child with an autism spectrum disorder

Communication and interaction
<http://www.autism.org.uk/18350>

Makaton

Social and communicative interactions in autism spectrum disorders

Social isolation <http://www.autism.org.uk/30863>

Social Stories™ and comic strip conversations
<http://www.autism.org.uk/16261>

Speech and language therapy

Visual supports <http://www.autism.org.uk/24388>

Community Care and Respite

Carer's rights <http://www.autism.org.uk/25606>

Care and support services for adults with autism
<http://www.autism.org.uk/15359>

Care services: complaints and remedies (England)
<http://www.autism.org.uk/23926>

Charging for community care services in England
<http://www.autism.org.uk/31174>

Community Care: a guide for adults with autism spectrum disorders and their carers – (England)
<http://www.autism.org.uk/17377>

Community Care in Northern Ireland - children and adults
<http://www.autism.org.uk/28255>

Community Care in Wales: a guide for adults with autism spectrum disorders and their carers
<http://www.autism.org.uk/30343>

Complaints about the NHS – children's procedure (England, Scotland, Wales and Northern Ireland)
<http://www.autism.org.uk/23991>

Direct Payments – a brief guide for parents and carers of children with ASD
<http://www.autism.org.uk/19042>

Direct Payments: a guide for adults and young people who have an ASD
<http://www.autism.org.uk/20535>

Disability related expenditure worksheet
<http://www.autism.org.uk/31174>

Introduction to charging for community care services in England
<http://www.autism.org.uk/31174>

Making a complaint: useful tips
<http://www.autism.org.uk/28164>

Person-centred planning
<http://www.autism.org.uk/21282>

Scotland social work: children and adults
<http://www.autism.org.uk/17740>

Self-directed support
<http://www.autism.org.uk/24618>

Self-directed support: myths busted
<http://www.autism.org.uk/28707>

Social services: getting help for your child
(England and Wales)
<http://www.autism.org.uk/17378>

Criminal justice

Autism spectrum disorders (ASD) and prison

Autism spectrum disorders: a guide for criminal
justice professionals (web only)
<http://www.autism.org.uk/cjp>

Being a victim or witness of a crime (with 'What's
my story?')

Criminal justice system and ASDs
<http://www.autism.org.uk/17130>

Diagnosis

Asperger syndrome: broaching the subject

What are the benefits of diagnosis? (formerly:
Diagnosis: how can it benefit me as an adult? and
Why get a diagnosis as an adult?)
<http://www.autism.org.uk/18332>

Diagnosis: the process for adults (formerly
Gaining a diagnosis in adulthood)
<http://www.autism.org.uk/18378>

Diagnosis: what to expect
<http://www.autism.org.uk/23620>

Telling a child about their diagnosis
<http://www.autism.org.uk/23604>

What next? Moving on from diagnosis (a guide for
adults) +

Education – general

Autism spectrum disorders: a resource pack for
school staff @ <http://www.autism.org.uk/24999>

Bullying: a guide for parents
<http://www.autism.org.uk/18331>

Bullying: a guide for young people with an autism
spectrum disorder <http://www.autism.org.uk/23602>

Circle of Friends: promoting inclusion and
interaction <http://www.autism.org.uk/16877>
Classroom and playground - support for children
with autism spectrum disorders
<http://www.autism.org.uk/29638>

College and university: supporting students with
Asperger syndrome
<http://www.autism.org.uk/18333>

Education and autism: a selective guide to
resources <http://www.autism.org.uk/15361>

Education: Meeting the needs of students in FE
and HE <http://www.autism.org.uk/15693>

Education: working with an Asperger pupil in
secondary schools @
<http://www.autism.org.uk/17005>

Exams: guidelines for teachers and parents of
young people with an autism spectrum disorder
<http://www.autism.org.uk/29230>

Home education <http://www.autism.org.uk/23635>

Moving from primary to secondary school:
guidelines for pupils with autism spectrum
disorders * <http://www.autism.org.uk/23699>

Student support information

Supporting children with an autistic spectrum
disorder (ASD) with homework
<http://www.autism.org.uk/25541>

Understanding difficulties at breaktime and
lunchtime @ <http://www.autism.org.uk/16836>

University: choosing and applying
<http://www.autism.org.uk/18455>

University: starting <http://www.autism.org.uk/20552>

Education – England and Wales

Annual review (England and Wales)

Disability discrimination in education (England
and Wales) <http://www.autism.org.uk/18087>

Education: advocacy tips for parents (England and
Wales) <http://www.autism.org.uk/18451>

Education: choosing a school in England and
Wales <http://www.autism.org.uk/10919>

Education: getting extra help in school (England and Wales) <http://www.autism.org.uk/17386>

Education: Individual education plans (IEP) (England and Wales) <http://www.autism.org.uk/17513>

Education: statements of special educational needs (England and Wales) <http://www.autism.org.uk/13515>

Education: statutory assessment (England and Wales) <http://www.autism.org.uk/13516>

Education jargon (England and Wales) <http://www.autism.org.uk/17385>

Fixed term exclusion (England and Wales) <http://www.autism.org.uk/19716>

Permanent exclusion (England) <http://www.autism.org.uk/19717>

Permanent exclusion (Wales) <http://www.autism.org.uk/29649>

Transition planning at the age of 14 (England and Wales)

Transport from home to school (England) <http://www.autism.org.uk/24253>

Education – Northern Ireland

Education: advocacy tips for parents (Northern Ireland) <http://www.autism.org.uk/29729>

Education: checking statements - a summary (Northern Ireland) <http://www.autism.org.uk/29735>

Education: checking statements of special educational needs (Northern Ireland) <http://www.autism.org.uk/29731>

Education: getting a statement of special educational needs (Northern Ireland) <http://www.autism.org.uk/29732>

Education: getting extra help in school (Northern Ireland) <http://www.autism.org.uk/23631>

Education: statutory assessment (Northern Ireland) <http://www.autism.org.uk/29733>

Education: terms you may hear (Northern Ireland) <http://www.autism.org.uk/29730>

Education: understanding the SEN system in Northern Ireland <http://www.autism.org.uk/29734>

Education - Scotland

Additional support needs tribunal (Scotland) <http://www.autism.org.uk/30309>

Co-ordinated Support Plan (CSP) (Scotland) <http://www.autism.org.uk/19620>

Education: additional support needs (Scotland) <http://www.autism.org.uk/19619>

Education advocacy tips for families (Scotland) <http://www.autism.org.uk/19219>

Education appeal committees (Scotland) <http://www.autism.org.uk/30413>

Education: disability discrimination (Scotland) <http://www.autism.org.uk/20543>

Education jargon (Scotland) <http://www.autism.org.uk/19220>

Education: mediation (Scotland) <http://www.autism.org.uk/20541>

Education: placing requests (Scotland) <http://www.autism.org.uk/20542>

Exclusion (Scotland) <http://www.autism.org.uk/31509>

Getting extra help in school (Scotland) <http://www.autism.org.uk/30534>

Independent adjudication (Scotland) <http://www.autism.org.uk/23632>

Individualised educational programmes (IEP) (Scotland) <http://www.autism.org.uk/20540>

Transition (Scotland) <http://www.autism.org.uk/24387>

Employment

Bullying in the workplace <http://www.autism.org.uk/23601>

Employment: tips for interviewing people with autism or Asperger syndrome <http://www.autism.org.uk/15692>

Looking for Staff? +

Managing someone with an ASD

<http://www.autism.org.uk/23708>

Recruiting someone with an ASD

<http://www.autism.org.uk/23707>

The undiscovered workforce: looking for a job

The undiscovered workforce: looking for staff

Holidays

Holidays: autism-friendly venues

<http://www.autism.org.uk/007903>

Holidays: preparation and practicalities

<http://www.autism.org.uk/18059>

Information for partners

Help for partners – some frequently asked questions <http://www.autism.org.uk/22520>

Information for students

Asperger syndrome in your classroom
(information for classmates)

<http://www.autism.org.uk/18320>

Autism: information for HE students studying the condition <http://www.autism.org.uk/20538>

Education: worksheet for primary school children <http://www.autism.org.uk/18324>

NAS Services and resources

After diagnosis +

Autism Accreditation

Autism Data: a brief guide to searching (info sheet not currently available, under revision)

Autism Helpline

Autism Services Directory: searching techniques

Careers: so you want to work with people with autism? <http://www.autism.org.uk/30132>

NAS Information Centre +

Signpost

What next? +

Social skills

Social skills for adolescents and adults

<http://www.autism.org.uk/socialskills>

Social skills in young children

<http://www.autism.org.uk/18453>

Other

Advocacy and autism

<http://www.autism.org.uk/18589>

Autism: a guide for activity leaders and sports instructors <http://www.autism.org.uk/23143>

Autism: books and DVDs for children and young people <http://www.autism.org.uk/18321>

Autism spectrum disorders and hearing impairments <http://www.autism.org.uk/25568>

Autism worksheet for brownies, cubs and other clubs <http://www.autism.org.uk/23603>

Christmas and autism spectrum disorders <http://www.autism.org.uk/16876>

Courses for professionals in autism and other related topics <http://www.autism.org.uk/16562>

Death and bereavement and autism spectrum disorders <http://www.autism.org.uk/17129>

Dentist: preparing for a visit *

<http://www.autism.org.uk/17369>

Dentists: supporting adults with autism

<http://www.autism.org.uk/18261>

Designing websites suitable for people with autism spectrum disorders <http://www.autism.org.uk/23633>

Doctor: preparing for a visit

<http://www.autism.org.uk/19827>

Driving <http://www.autism.org.uk/20551>

Environment and surroundings *

<http://www.autism.org.uk/18450>

Early years and autism *

Families: supporting brothers and sisters

<http://www.autism.org.uk/16720>

Grandparents <http://www.autism.org.uk/20544>

Guidelines for airline staff

Hairdressers: preparing for a visit

<http://www.autism.org.uk/18354>

Housing options: an introduction for people with autism and their families

<http://www.autism.org.uk/20590>

Housing options for older people with autism

<http://www.autism.org.uk/31126>

Lasting power of attorney

<http://www.autism.org.uk/23605>

Mental health in people with autism and Asperger syndrome: a guide for health professionals *

<http://www.autism.org.uk/15350>

Moving house * <http://www.autism.org.uk/18456>

Parents of adults with autism: your rights

<http://www.autism.org.uk/20546>

Professionals in autism: a guide for parents and carers (formerly Who can help? Professionals involved in autism)

<http://www.autism.org.uk/19844>

Religion: going to a place of worship

<http://www.autism.org.uk/20594>

Sex education and children and young people with autism spectrum disorders

<http://www.autism.org.uk/17079>

Shopping: strategies to help *

<http://www.autism.org.uk/17368>

Understanding a parent with autism: a guide for young people <http://www.autism.org.uk/23616>

For a copy of any of the above information sheets or free leaflets please contact the Autism Helpline. **Please note that the Helpline can only send out a maximum of 5 information sheets at any one time.** Helpline Advisers are available to discuss any of the above issues.

@ Available on the NAS website at www.autism.org.uk + Leaflet available from the Autism Helpline (for bulk orders contact NAS Publications)

* Available as a free information sheet from the Autism Helpline or to order as a booklet from NAS Publications

If you require further information please contact the NAS Autism Helpline, tel: 0808 800 4104

autismhelpline@nas.org.uk

Text your name, address and title of the information sheet you require to 07903 200200

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NAS Publications

Central Books Ltd,

99 Wallis Road,

London E9 5LN

Tel: +44 (0)845 458 9911

Fax: +44 (0)845 458 9912

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